BDwbU 4
evbvb

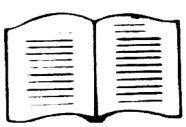
BDwbU 4 evbvb

ï× evbvb fvlvi cKvk fw½gvi GKwU AwZ ¸iæZcY¨ welq| evsjv fvlvi e¨eüZ kã mgn¨ bvbv fvlv †_‡K G‡m‡Q e‡j evsjv evbv‡b h‡_ó weåvU †`Lv hvq| evbvb mgm¨v mgvav‡bi Rb¨ †KvjKvZv wekwe`¨vjq evsjv evbv‡bi wKQymvaviY wbqg ceZb K‡i‡Q| evsjv‡`‡k evsjv GKv‡WgxI evbv‡bi GKwU AvaybK i¦c‡iLv ˆZwi K‡i‡Q| G BDwb‡U ï× evbv‡bi ¸iæZ, evbvb f‡zji KviY, mvaviY evbvb Akyx, †KvjKvZv wekwe`¨vjq cewZZ evbvb-c×wZ I evbvb f‡zj wb‡iv‡ai Dcvq PviwU cv‡V mwbweó n‡q‡Q|

cvV 4.1 ï× evbv‡bi ¸iæZ I evbvb f‡yji KviY

G cvV †k‡l Avcwb–

- evsjv fvlvq e¨eüZ kã mg‡ni evbv‡bi ¸iæZ e¨vL¨v Ki‡Z cvi‡eb|
- evbvb f‡zji gj¨ KviY¸‡jv wPwýZ Ki‡Z cvi‡eb|
- evbv‡b eY NwUZ mgm¨v Kx Zv ej‡Z cvi‡eb|
- fvlvi c‡qvM †¶‡Îi wewfbZvi d‡j evbv‡bi Kx mgm¨v nq Zv D‡jL Ki‡Z cvi‡eb|
- D"PviYRwbZ mgm¨v evbv‡b Kx weåvU NUvq Zv ej‡Z cvi‡eb|



ï× evbv‡bi ¸iæZ

g‡bi fve ï× fv‡e cKvk Ki‡Z n‡j ï× evbvb AbyviY Kiv AZ¨š ¸iæZcY¨| f‡zj evbv‡bi †jLv fvlvi c‡qvM †¶‡Î weåvwši mwó K‡i, cvV‡Ki weiw³i D‡`K K‡i I †jL‡Ki gv‡bi cwimxgvi Ici wei¦c aviYv mwó K‡i| evbv‡bi mv‡_ D"Pvi‡Yi Nwbô m¤Ü Av‡Q e‡j evbv‡bi w`‡K mZK bv n‡j D"PviY f‡yj nevi m¤vebv _v‡K, Avi D"PviY f‡zji Kvi‡Y fvlv Zvi Kvh¶gZv nvwi‡q †d‡j| GK K_vq ejv hvq– fvlvi h_v_ cKvk N‡U ï× D"PviY I wbf‡yj evbvb †jL‡bi gva¨‡g– ZvB †jLv-†jwL‡Z evbv‡bi fwgKv AZ¨š ¸iæZcY¨|

evbvb f‡yji KviY mgyy

evsjv evbvb f‡zji wZbwU KviY n‡"Q– eY NwUZ mgm¨v, fvlvi c‡qvM ixwZ msµvš mgm¨v I D"PviY NwUZ mgm¨v|

evsjv evbvb f‡zji wZbwU KviY n‡"Q– eY NwUZ mgm¨v, fvlvi c‡qvM ixwZ msµvš mgm¨v I D"PviY NwUZ mgm¨v| GQvovI Av‡iv KZK¸‡jv Avbyw½K Kvi‡Y evbv‡bi µwZU N‡U †hgb– evsjv e¨vKiY Áv‡bi Afve I cwZKj¨ cwi‡e‡k wk¶v | wb‡¤ evbvb f‡yji KviY ¸‡jv we‡klY Kiv n‡jv–

eY NwUZ mgm¨v

1| ¯ie‡Yi B-C, D-E, cfwZi D"Pvi‡Yi n¯Zv-`xNZv wel‡q evsjv fvlvq †Zgb †Kv‡bv myb¨w`ó wbqg †bB| †hgb– w`b-`xb, b`x-hw`, gj¨v-Kyiv G kã¸‡jvi D"PviY GK iKg n‡j I G‡`i evbvb GKiKg bq–d‡j wjL‡Z wM‡q evbvb f‡yji m¤vebv _v‡K|

2| evsjv fvlvq `š b b, gab¨ Y, Gi D"PviY hw`I GKB Z‡e †jLvq cv_K¨ Av‡Q| h_v– Rb, MY, avb, eiY BZ¨vw`| bZ weavb bv Rvbv _vK‡j G kã¸‡jvi evbvb mwVK bvI n‡Z cv‡i|

3| eMxq ÔRÔ Aš¯ ÔhÔ k-l-m, i, o, p, O, s cfwZ. e‡Yi †¶‡Î I wjwLZ i¦‡c †h mybw`ó wbqg i¶v Kiv nq, D"Pvi‡Y Zv nq bv| †hgb–Rj, he, Rvbv, hvIqv cfwZ. | d‡j evbv‡b fÿyj i m¤vebv †_‡K hvq|

4| evsjv fvlvq ¯ieY (F I 9 ev‡`) I e¨ÄY eY wg‡j cÂvkwU eY Av‡Q| evbv‡b G eY ¸‡jv‡K GKwU wbw`ó wbq‡gi AvIZvq i¶v Kiv nq| wKš D"PviY A‡bK e‡Yi Aw¯Z †Ui cvIqv hvq bv| D"PviY Abyvv‡i Gme k‡ãi evbvbI nq bv| †hgb– kveY, cÿ®vi, mZ¨ Gme kã¸‡jv D"PvwiZ nq kv‡evY, cÿ®vi I †mvZ¨ i¦‡c |

5| evsjv evbv‡b hÿ³ eY A‡bK †¶‡Î mgm¨vi mÿó K‡i| GB hÿ³ eY ¸‡jvi wjwci¦‡c GZ mÿ¶ c‡f` _v‡K †h, wk¶v_xi c‡¶ Zv eÿS IVv KwVb n‡q c‡o| A_P evsjv kã MV‡b I evK¨ iPbvq hÿ³ eY c‡qvM cvq Awbevh| hÿ³ eY e¨env‡ii I D"Pvi‡Yi wbqg Kvbyb h_vh_ fv‡e bv Rvbvi Kvi‡Y A‡bK mg‡qB evbvb fÿy nq| †hgb– m G e djv hw` k‡ãi c_‡g _v‡K Zv n‡j e djvi Rb¨ m Gi D"PviY e`jvq bv wKš k‡ãi g‡a¨ ev †k‡l m G e djv _vK‡j †mB m wØZ D"PvwiZ nq h_v– ¯vgx D"PviY mvgx, h_v– wbR¯ D"PviY wbRmm|

6| aŸwb i¦‡ci cwieZbkxjZvi Kvi‡Y K_vq I †jLvq cv_K¨ N‡U| †hgb– Ô†jLvÔ Ges Ô†`LvÔ kã `ÿyUi wjwci¦c GK n‡j I aŸwbi¦c GK bq| Ô†jLviÔ D"Pvi‡Y ÔGÔ mseÿ, wKš †`Lvi †¶‡Î Zv weeZ,| ZvB aŸwb i¦‡ci cwieZ‡bi Kvi‡Y evbvb fÿyj i m¤vebv †`Lv †`q|

7| evsjv ¯ie‡Yi n¯Zv– `xNZvi g‡Zv e¨Äbe‡YI Aí cvYZv– gnv cvYZv Ges †Nvlbv, A‡Nvlbv evsjv evbv‡b AZ¨š m-² fv‡e web¨¯ Av‡Q| wKš D"Pvi‡Yi †¶‡Î Zv iw¶Z nq bv e‡j evbv‡bi †¶‡Î mgm¨vi mÿó nq|

c‡qvM ixwZ msµvš mgm¨v

1| evsjv fvlvq Av‡Q cPiz Zrmg, Z™e, †`kx Ges we‡`kx kã, Av‡Q wewfb cZ¨q I DcmM | G me¸‡jviB Av‡Q Avevi wbR¯ cKwZ. I ˆewkó¨| d‡j †Kv‡bv GKwU wbw`ó fvlvi wbqg ev ixwZ Abyvqx me ai‡bi k‡ãi MVb †KŠkj wbaviY Kiv m¤e bq| G‡Z evbv‡bi †¶‡Î wKQymgm¨v †`Lv †`q|

2| evsjv fvlvq Ggb A‡bK kã Av‡Q †h¸‡jv‡Z e‡Yi e¨envi _vK‡j I aŸwbi e¨envi †bB| d‡j evbv‡bi †¶‡Î †Mvj‡hvM †`Lv †`q| †hgb–c¶, jÿx, D¾j, ¯"Q›`, mšvb cfwZ.|

3| mwVK D"Pvi‡Yi cwZ D`vmxbZv Ges e¨vKiY Áv‡bi Afve evsjv evbv‡bi †¶‡Î wKQy mgm¨vi mÿó K‡i| †hgb– AwffveK, `ÿye¯v, AZ¨š cfwZ.|

4| evsjv fvlvi †ek wKQyk‡ãi evbvb Ges D"PviY Awfb n‡j I A_ wfb| d‡j RwUjZvi mÿó nq| h_v- mB (mn¨ Kwi), mB (mLx) eB (cÿK) eB (e¨ZxZ)|

5| evsjv fvlvq Ggb A‡bK m‡gv"PvwiZ k‡ãi c‡qvM Av‡Q †h¸‡jvi evbvb I A‡_i wfbZv _vK‡j I D"PviY Awfb| h_v– w`b (w`em), `xb (`wi`), webv (e¨ZxZ), exYv (ev`¨hš) evb (eb¨v), evb (Zxi) cfwZ.|

D"PviYRwbZ mgm¨v

1| D"PviYMZ Kvi‡Y evsjv evbv‡b wKQymgm¨vi mwó nq| †hgb–ÔGKÕ ÔGesÕ I ÔGKwUÕ– G wZbwU k‡ã ÔGÕ -i D"PviY GKiKg bq|

2| hy³v¶i¸‡jvi D"PviY me mgq mwVK fv‡e Kiv nq bv| †hgb– AveyÈ, kãwU †ewki fvM †¶‡ÎB ÔAveeyÈÕ wn‡m‡e D"PvwiZ nq| Gi d‡j evbvb fyjvi m¤vebv _v‡K| hy³v¶‡ii †iLv¸‡jvi web¨vm m ² e‡j hy³v¶‡ii cv_K¨ A‡bK mgq cvV‡Ki bRi Gwo‡q hvq, d‡j evbvb fy¨ nq| †hgb– Ômggvb Õ kãwU hy³v¶‡i wjwLZ nq Ôm¤§vb Õ i¦‡c|

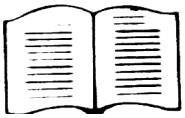
3| evsjv k‡ãi evbvb A‡bK †¶‡ÎB †h‡nZzD"PviY‡K AbyiY K‡i bv, †m‡nZzD"PviY wbfi bv n‡q ¯§wZ wbfi nIqvq evbvb fy¨ †ewk nq| †hgb– ÔwKsevÕ kãwU ÔwK¤vÕ i¦‡c D"PvwiZ nq|

e¨vKiY Ávb‡bi Afve

1| fvlv wKQyw AvqË n‡jB fvlvi ï× c‡qv‡Mi Rb¨ e¨vKi‡Yi Ávb Avek¨K| wKš e¨vKiY wk¶v`v‡b cKZ.¸i¤‡Zi Afv‡e wk¶v_xiv ï× fvlv c‡qvM I evbvb wk¶vi c‡qvRbxqZv Dcjw× Ki‡Z cv‡i bv |

2| cwZK¸j cwi‡e‡k wk¶v evox‡Z Awffve K‡`i KvQ †_‡K †kLv AvÂwjK D"PviY, gvZf.v.lv ï× K‡i †jLvi cwZ Awffve K‡`i Ag‡bv‡hvwMZv I J`vmxb¨ A‡bK †¶‡Î wkï‡`i evbvb f‡zji KviY n‡q I‡V|

Abykxjb(Activity) t Kx Kx Kvi‡Y evbvb fy¨ nq Zv D‡jL Kiæb|



mvigg t fvlvi h_v_ cKv‡ki Rb¨ wbfẏ evbvb GKvš c‡qvRb| evbvb fẏ nq mvavibZ wZbwU Kvi‡Y| G¸‡jv n‡"Q eY NwUZ, c‡qvMixwZ NwUZ I D"PviY NwUZ mgm¨v| GQvov Av‡iv KZ¸‡jv Avbyw½K Kvi‡YI evsjv evbvb fẏ nq| evsjv fvlvq ¯i I e¨ÄY eY wgwj‡q (F I 9 ev‡`) cÂvkwU eY i‡q‡Q| evbv‡b G eY¸‡jv GKwU wbw`ó wbq‡gi AvIZvq iw¶Z Av‡Q| G wbqg¸‡jv h_vh_ cvjb bv n‡jB evbvb f‡zji m¤vebv †e‡o hvq| G Qvov hy³ eY D"PviY f½xgvi DciI evbvb wbfikxj| evsjv fvlvq i‡q‡Q cPz Z™e, Zrmg, †`kx I we‡`kx kã| A‡bK mgq wbqg bv †R‡bI A‡bK k‡ãi evbvb Kiv n‡q‡Q| Avevi A‡bK k‡ãi D"Pvi‡Yi mv‡_ evbv‡bi m¯úK ivL‡Z wM‡qI evbv‡b RwUjZv mwó n‡q‡Q|

cv‡VvËi gj¨vqb 4.1

1| mwVK DË‡ii cv‡k wUK wPý (√) w`b|

1.1| evbvb f¦yj i cavb KviY KqwU ?

K) 2 wU
L) 3 wU
M) 4 wU
N) 5 wU

1.2 evbv‡bi m‡½ D"Pvi‡Yi Kxi¦c m¯úK?

K) Nwbô
L) †mvRvmyR
M) wecixZ
N) `yj

2| ïb¨¯vb ci¦Y Kiæb|

K) AveyÈ kãwU A‡bK mgq D"PvwiZ nq ---------- i¦‡c
L) evsjv evbvb A‡bK mgq D"PviY ---------- K‡ibv|
M) D"PviY GKB iKg wKš evbvb A_ev A_ wfb iKg nq Ggb `yU kã ---------- I ----------|
N) evsjv fvlvi ---------- ¸‡jvi wjwci¦c †ek m²|

3| mZ¨ n‡j ÔmÕ Ges wg_¨v n‡j ÔwgÕ wjLy|

K) B I Ci D"Pvi‡Yi Rb¨ mywbw`ó wbqg Av‡Q|
L) mZ¨ kãwU D"PvwiZ nq mZ¨ i¦‡c|
M) †jLv I †`Lv kã `yUi wjwci¦c GKB iKg|
N) evsjv fvlvq Ggb KZK¸‡jv kã Av‡Q †h ¸‡jv‡Z e‡Yi e¨envi _vK‡j I aŸwbi e¨envi _v‡K bv|

cvV 4.2 mvavi Y evbvb Aï×

G cvV †k‡l Avcwb–

- mvavibZ †Kvb ai‡bi evbvb fy‡j nq Zv ej‡Z I wjL‡Z cvi‡eb|
- fy‡j A_P cPwjZ Ggb kã¸‡jvi GKwU Zwjv ˆZwi Ki‡Z cvi‡eb|
- cPwjZ fy‡j evbv‡bi kã¸‡jvi ï×i¡c wb‡`k Ki‡Z cvi‡eb|

evsjv fvlvq †ek wKQyk㠀Av‡Q †h¸‡jv eZgv‡b eûj cPwjZ A_P e¨vKi‡Yi wbqg Abyhvqx fy‡j| fvlv e¨envi Kvix‡`i eûj e¨env‡ii d‡j fy‡j evbv‡bi kã¸‡jvI ï× e‡j g‡b nq| wb‡bi G ai‡bi Aï× A_P cPwjZ k‡ãi GKwU Zwjv c`vb Kiv n‡jv|

Aï×	ï×	Aï×	ï×
A`¨wc l	A`¨wc	PvKwPK¨	PvKPK¨
Aaxb¯	Aaxb	PvÂj¨Zv	PvÂj¨
Aaw½bx	Aav½x	PvZbZv	PvZbv
AbvUb	AbUb	Zi‡Qvqv	Zi‡"Qvqv
Ab ew`Z	Ab w`Z	`wi`Zv	`wi`Zv/`wi`
AkRj	Ak¨	w`evi wÎ	w`evivÎ
A¯gvb	A¯vqgvb	`ivev¯v	`yev¯v
A‡nvi wÎ	A‡nvivÎ	`yv`ó	`y`ó
Avayb bKv	Avayb bKx	†`Ši	‡`Šivš
Avek¨Kxq	Avek¨K	ˆahZv	ˆah
Avf¨šixY	Af¨šixb	bbw`bx	bb`
Avi w³g	i w³g	wbicivax	wbiciva
Avkxl	Awkm	wbiciwabx	wbiciwav
Avnwi Z	AvüZ	wbie	bxie
BwZc‡e	BZtc‡e	wbiwfgvbx	wbiwfgvb
BwZg‡a¨	B‡Zvg‡a¨	wbin¼vix	wbin¼vi
DwPr	DwPZ	wbwe‡ivax	wbwe‡iva
Dc‡iv³	Dchy³	wb‡`vlx	wb‡`vl
Dcwicwi	Dc‡hvcwi	wbfiZv	wbfi
GKwÎZ	GKÎ	cwiZ¨R¨	cwiZ¨vR¨
HK¨Zv	HK¨	cvkweK	cvke
Kvjxc`	Kwjc`	ˆcwÎK	ˆcZK
wK¤v	wKsev	†cŠiwnZ¨	†cŠ‡iwnZ¨
†Kejgv Î	†Kej/gv Î	c¯¿bx	cy¯¿ibx
K"QZv	K„Q	cmviZv	cmvi
KUz³	KUj³	cvYxwe`¨v	cwYwe`¨v
K`¨wc l	K`¨wc	weeiYx	weeiY
KwbôZg	Kwbô	weev`gvb	wee`gvb
KwiZKgx	KwiZKgv	wewf` cKvi	wewf`
†Lvw`Z	†¶w`Z	wenw½bx	wen½x
Ávbv‡_	ÁvZv‡_	e‡qvmwÜ	eqtmwÜ
PÂjv	PÂj	ev‡Mkix	evwMkix
Pjrkw³	Pjbkw³	ewn¨K	evn¨

P¶¡jZ	P¶¡iZ	wewiZ	weZvwiZ
Aï×	**ï×**	**Aï×**	**ï×**
wec‡`v×vi	wec`y×vi	j× cwZwôZ	j×cwZô
‰ewkóZv	ˆewkó¨	jvNeZv	jvNe
fvimvg¨Zv	fvimvg¨	ïaygvÎ	ïaygvÎ
†fŠMwjK	†fŠ‡MvwjK	†kôZg	†kô
ga¨ivwÎ	ga¨ivÎ	mKvZ‡i	mKvZi
gbvši	gZvši	mKZ.Á	KZ.Á
gnZ	gnË	ms¯‹wZ.evY	ms¯‹wZ.gvb
gnvi_x	gnvi_	mZv	mËv
gnvivRv	gnvivR	mgqKvj	mgq/Kvj
gwngvgq	gwnggq	m¤vškvjx	m¤gkvjx/m¤vš
gvwKwb/gvwKbx	gvwKb	mswK‡Z	kswKZ
gLyQwe	gL"Qwe	mveavbx	mveavb
†gŠbZv	†gŠb	m‡yKwkbx	m‡yKkv/m‡yKkx
h`¨vwcI	h`¨wc	m-¯v¯¨	¯v¯¨
iRwKbx	iRKx	wmwÂZ	wm³
ivR‰bwZK	ivRbxwZK	†mŠRb¨Zv	†mŠRb¨
iækxq	iæk	†mŠnv`¨Zv	†mŠnv`¨
i¦ckx	i¦ceZx	¯vwaKvi	AwaKvi
†ivgKxq	†ivgK	¯vZš	¯vZš¨

Abykxjb (Activity) t cPwjZ fz¡ evbv‡bi kã¸‡jvi ï× i¦cmn GKwU Zvwjkv ˆZwi Kiæb|

cv‡VvËi gj¨vqb 4.2

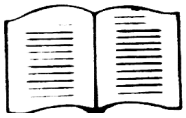
1| wb‡Pi kã¸‡jvi evbvb ï× Kiæb|

AbvUb	Kvjxc`
Av¯gvb	KUz³
A‡nvivwÎ	mKZÁ
AvaybKv	Nbvqgvb
Avf¨šixb	cvYxwe`¨v
Avkxl	Pjgvb
BwZ c‡e	bbw`bx
DwPr	wbin¼vix
DwPZ	wbie

cvV 4.3 †KvjKvZv wekwe`¨vjq cewZZ evbvb c×wZ

G cvV †k‡l Avcwb–

- Zrmg k‡ã evbv‡bi mvaviY wbqg¸‡jv Kx Zv ej‡Z cvi‡eb|
- Z™e k‡ãi evbv‡bi wbqg¸‡jv D‡jL Ki‡Z cvi‡eb|
- †`kR kã¸‡jv †Kvb wbq‡g mvaviY fv‡e evbvb Kiv nq Zv †`Lv‡Z cvi‡eb|
- we‡`kx k‡ãi evbv‡bi wbqg¸‡jv eYbv Ki‡Z cvi‡eb|



evsjv fvlvi weeZ‡bi aviv j¶¨ Ki‡j †`Lv hvq †h wewfb fvlvi kã wewfb mg‡q evsjv fvlvq Abyc‡ek K‡i‡Q| wfb fvlvi kã¸‡jvi D"PviY I c‡qvwMK ˆel‡g¨i d‡j evbv‡bi †¶‡Î A‡bK mgq weåvU †`Lv †`q| evbvb weåvU wbim‡bi ZvwM‡` †KvjKvZv wekwe`¨vjq evsjv evbv‡bi wKQywbqg ceZb K‡i hv GLb chš e¨vKiY m¤§Z e‡j AbyviY Kiv nq| wb‡¤ G¸‡jv D‡jL Kiv n‡jv|

†KvjKvZv wekwe`¨vjq cewZZ evsjv evbv‡bi wbqg

ms¯‹Z.ev Zrmg kã

1| **†i‡di ci e¨Äb e‡Yi wØZ t** †i‡di ci e¨Äb e‡Yi wØZ n‡e bv| h_v–APbv, gQv, ARby, KZv, KvwZK, K`g, evaK¨, me|

2| **mwÜ‡Z O ¯v‡b Ab¯vi t** hw` K L M N c‡i _v‡K Z‡e c‡`i Ašw¯Z g-¯v‡b Ab¯vi A_ev weK‡í O we‡aq| h_v–AnsKvi, fqsKi, ïfsKi, msL¨v, msMg, ü`qsMg, msNUb A_ev An¼vi, fq¼i BZ¨vw`|

A-ms¯‹Z.A_vr Z™e, †`kR I we‡`kx kã

3| **†i‡di ci e¨Äb e‡Yi wØZ t** †i‡di ci e¨Äb e‡Yi wØZ n‡e bv| h_v–KR, kZ, cPv, m`vi, Pwe, dg, Rvgwb|

4| **nm-wPý t** k‡ãi †k‡l mvaviYZ nm-wPý †`qv n‡e bv| h_v-l¯v`, †PK, RR, Ub, wU-cU, Uvg, wWm, ZQbQ, c‡KU, g³e, Ki‡jb, Kwim| wKš hw` fz‡ D"Pvi‡Yi m¤vebv _v‡K Z‡e nm-wPý †`qv †h‡Z cv‡i| hw` nmš D"PviY Afxó nq Z‡e n I hy³ e¨Ä‡bi ci nm-wPý †`qv DwPZ| h_v–kvn, ZLZ, †Rgm| ga¨ e‡Y c‡qvR‡b nm- wPý we‡aq| h_v– KUKU|

5| **B C D E t** hw` gj- ms¯‹Z.k‡ã C ev E _v‡K Z‡e Z™e ev Zrm`k, k‡ã C ev E A_ev weK‡í B ev D n‡e; h_v–Kgxi, cvLx, kxl, Ewbk, Pbz, ce- A_ev Kzgi, cvwL, wkl, Ewbk, Pbz, c e| wKš KZ¸wj k‡ã †Kej C, †Kej B A_ev †Kej D n‡e| h_v–bxjv (bxjK), nxiv (nxiK), w`qvkjvB (`xckjvKv), wLj (Kxj), cvwb (cvbxq), Pz‡ (Pz‡), Rqv (`ÿZ)|

¯xwj½ Ges RvwZ, e¨vw³, fvlv I we‡klY evPK k‡ãi A‡š C n‡e| h_v–Kjbx, evwNbx, Kvey‡x, †Kivbx, dwiqv`x, wejvZx, `vMx, †ikgx| wKš KZ¸wj k‡ã B n‡e; h_v–wS, w`w`, wewe, KwP, wgwn, gvSvwi PjwZ| wcmx, gvmx, ¯v‡b weK‡í wcwm, gvwm †jLv Pj‡e|

¯‹z‡ Af GwMKvjPvi GÛ i¤i¨vj wW‡fjc‡g›U

Ab¨Î gbyl¨Zi Rxe, e¯, ¸Y, fve I KgevPK k‡ãi Ges wØiveÈ k‡ãi A‡š †Kej B n‡e| h_v– †eOvwP, †euR, KwV, myR, †KivgwZ, Pzi, cvMjvwg, evevMwi, ZvovZvwo, mivmwi, †mvRvmyR|

6| **R q** t wKQywKQyk‡ã h bv wj‡L R †jLv we‡aq| h_v–KvR, RvD, RvwZ, RyB, RyZ, †Rv–†Rvo, †Rvov, †RvZ, †Rvqvj|

7| **b Y t** A-ms¯‹Z.k‡ã †Kej ÔbÕ n‡e| h_v–Kvb, †mvbv, evgyb, †Kvivb, K‡ivbv| wKš hy³v¶i ›U, Ú, Û, ›U , Pj‡e; h_v-NÈv, jÚb, VvÊv| Ôivbx Õ ¯v‡b weK‡í ÔivYx Õ Pj‡e|

8| **IKvi I DaŸ Kgv t** mycPwjZ k‡ãi D"PviY, DrcwË ev A‡_i †f` eyBvevi Rb¨ AwZwi³ I-Kvi DaŸ-Kgv ev Ab¨ wPý †hvM h_vm¤e eRbxq| hw` A_ MnY evav nq Z‡e K‡qKwU k‡ã Aš¨ A¶‡i I-Kvi Ges A`¨ ev ga¨ A¶‡i DaŸ-Kgv weK‡í †`hv †h‡Z cv‡i| h_v–Kvj>Kv‡jv, fvj> fv‡jv, gZ> g‡Zv, co< cÕ‡ov, (coqv ev cwZZ)|

9| **s O t** ev½jv, ev½vjv, ev½vjx, fv½b cfwZ. Ges evsjv, evOjv, evOvjv, evOvjx, fvOb cfwZ. Dfq cKvi evbvbB Pj‡e| nmš aŸwb n‡j weK‡í s O we‡aq| h_v-is>iO, ms>mO, evsjv> evOvjv| ¯ivwkZ n‡j O we‡aq| h_v–i‡Oi, evOvjx, fvOb|

10| **k, l, m t** g j ms¯‹Z.kã Abyw‡i Z™e k‡ã k, l, m n‡e| h_v– Avk(<Asï), Avl(<Avgl), mwilv (<mlc)| we‡`kx k‡ã g j D"PviY Abyw‡i(s)¯v‡b m,(sh)¯v‡b k n‡e| h_v– Kvm, Lvm, kieZ, kig, kni, kvU, †kKmwcqi| wKš KZ¸‡jv k‡ã e¨wZµg n‡e| h_v– Bßvnvi, †Mvg¯v, wfwš , Lxóvã|

we‡`kx k‡ãi S aŸwbi Rb¨ evsjvq Q A¶i eRbxq| wKš †hLv‡b cPwjZ evsjv evbv‡b Q Av‡Q Ges D"Pvi‡Y I Q nq †mLv‡b cPwjZ evbvbB eRvq _vK‡e; h_v– †Z"Qv, Qqjvc ZQbQ, cQ›`|

11| **wµqvc` t** mvayI PwjZ c‡qvM K`.š i¦‡c Kivb, cvVvb cfwZ A_ev weK‡í Kiv‡bv cfwZ. we‡aq| wµqvc‡`i wewnZ evbv‡bi K‡qKwU D`vniY wb‡¤ †`qv n‡jv| weK‡í PwjZ fvIvq ÔjvgÕ wefw³ ¯v‡b ÔjvgÕ ev Õ†jgÕ e¨envi Kiv †h‡Z cv‡i|

n-avZz

mvay t nq, nb, nI, nBm, nB, nB‡Z‡Q, nBqv‡Q, nDK, nDb, n

PwjZ t nq, nb, nI, nBm, nB, n‡"Q, n‡q‡Q, nÔK, nÔb, n

mvay t nBj, nBZ, nB‡ZwQj, nBqvwQj, nB‡e, nBI, nBm, nB‡Z, nB‡j, nBevi

PwjZ t nÕj, nZ, nw"Qj, n‡qwQj, n‡e, nÕ†qv, nm, nÕ†Z, nÕ†j, nevi

Lv-avZz

mvay t Lvq, Lvb, LvI, LvB, Lvm, LvB‡Z‡Q, LvBqv‡Q, LvK, Lv, LvBj, LvBZ|

PwjZ t Lve, Lvb, LvI, LvB, Lvm, Lv‡"Q, †L‡q‡Q, LvK, Lv, †Lj, †LZ|

mvay t LvB‡ZwQ, LvBqvwQj, LvB‡e, LvB‡qv, LvB‡Z, LvBqv, LvB‡j, LvBevi, LvIqv|

PwjZ t Lv‡"Q, Lvw"Qj, Lv‡e, †L‡qv, †L‡Z, †L‡q, †L‡j, Lvevi, LvIqv|

w`-avZy

mvay t †`q, †`b, `vI, w`m, w`B, w`‡Z‡Q, w`qv‡Q, w`K, w`b, w`j, w`Z
PwjZ t †`q, †`b, `vI, w`m, w`B, w`‡"Q, w`‡q‡Q, w`K, w`b, w`‡j, w`Z|
mvay t w`‡ZwQj, w`qvwQj, w`‡eb, w`I (w`‡qv), w`m, w`qv, w`evi, †`Iqv|
PwjZ t w`w"Qj, w`‡qwQj, †`‡eb, w`I, w`m, w`qv, †`evi, †`qv|

Ki-avZz

mvay t K‡i, K‡ib, Ki, Kwim, Kwi, Kwi‡Z‡Q, Kwiqv‡Q, KiæK, Kiæb, Kwij, KwiZ|
PwjZ t K‡i, K‡ib, Ki, Kwim, Kwi, Ki‡Q, K‡i‡Q, KiæK, Kiæb, Kij, KiZ|
mvay t Kwi‡ZwQj, KwiqvwQj, Kwi‡e, KwiI, Kwim, Kwi‡Z, Kwiqv, Kwievi, Kiv|
PwjZ t KiwQj , K‡iwQj, Ki‡e, K‡iv, Kwim, Ki‡Z, K‡i, Kievi, Kiv|

12| KZ¸wj mvayk‡ãi PwjZ i¦c t Kqv, mjZv, wgQv, DVvb, Dbvb, cÿvb, wcQb, wcZj, wfZi, Dci, cfwZ. kã¸wj mvayk‡ãi †gŠwLK i¦c †KvjKvZv AÂ‡j Ab¨ cKvi| †h k‡ãi †gŠwLK weKwZ. Av`¨ A¶‡i Zvi mvayi¦cB PwjZ fvIvq MnYxq| h_v–wcQb, wcZj, wfZi, Dci| hvi weKwZ. ga¨ ev †kI A¶‡i Zvi PwjZ i¦c †gŠwLK i¦‡ci Abyhvqx Kiv we‡aq| h_v– Kzqv, mjZv, wg‡Q, DVb, Dbb, cÿ‡bv|

bevMZ Bs‡iwR I Ab¨vb¨ we‡`kx kã

13| weeZ, A cgvj k‡ã hw` weeZ, A _v‡K Z‡e evsjv evbv‡bi Av`¨ A¶‡i Av-Kvi Ges ga¨ A¶‡i A-Kvi we‡aq| h_v– Kve (club), evm (bus)ev‡RU,(budget) KvU‡jU(cutlet)†dvKm focus, wn‡iv‡WvUm herodotus, mvKvm (Circus)|

14| eµ Av (ev weKZ.G cat-**Gi** a gj- k‡ã eµ Av _vK‡j evsjvq Avw`‡Z ÔA¨vÕ Ges g‡a¨ Ô¨vÕ we‡aq; h_v– A¨vwmW (acid) n¨vU (hat)BZ¨vw`|

15| C E t gj- k‡ãi D"Pvi‡Y hw` C E _v‡K Z‡e evsjv evbv‡b C E we‡aq; h_v– mxj(seal), C÷(east) ¯¿j (spool)

16| ï¯v‡b h_vµ‡g d I f we‡aq| h_v–dbz,(foot)†fvU(vote)hw` gj- k‡ãv-Gi D"Pvi‡Y (f-Gi Zj¨ nq, Z‡e evsjv evbv‡b d n‡e| h_v–db(von)

17| w t ¯v‡b cPwjZ ixwZ Abyvw‡i D ev I we‡aq| h_v–DBjmb(wilson)DW(wood) I‡q(way)

18| q t bevMZ we‡`kx k‡ã Ab_K q c‡qvM eRbxq| †gqi, †Pqvi, †iwWqg, †mv‡qUvi cfwZ. evbvb Pj‡Z cv‡i, KviY q wjL‡j D"PviY weKwZ. nq bv| wKš D-Kvi ev I-Kv‡ii ci AKvi‡Y A, qv, †qv †jLv AbyPZ| ÔG‡WvqvW, ÔIqvieÛÕ bv wj‡L ÔGWIqvW, ÔIAieÛÕ †jLv DwPZ| ÔnvWIqviÕ(hardware)evbv‡b †`vI †bB|

19| s, sh we‡`kx k‡ã gj- D"PviY Abyvw‡i(s)¯v‡b m,(sh)¯v‡b k n‡e| h_v–Avmj, Kvm, Lvm wRwbm, cÿjk, wm‡g›U BZ¨vw`|

20| st bevMZ we‡`kx k‡ã(st)¯v‡b bZzb mshy³ eY ÷ we‡aq| h_v– †÷vf(stove)

21| zt z¯v‡b R we‡aq|wdRvi(Freezer)

¯¿j Af GwMKvjPvi GÛ iæi¨vj wW‡fjc‡g›U

Abykxjb (*Activity*) t †KvjKvZv wekwe`¨vjq KZK.cYxZ evbv‡bi wbqg¸‡jv D`vniY mn wjLyb|

cv‡VvËi gj¨vqb 4.3

1| mwVK DË‡ii cv‡k wUK wPý (√) w`b|

1.1 we‡`kx k‡ã St ¯v‡b evsjvq Kx nIqv DwPZ|

K) mU
L) Bó
M) ÷
N) ó

1.2 cPwjZ evsjv evbv‡b `„¯v‡bi D”PviY Kx nq?

K) m
L) Q
M) I
N) k

2| ïb¨¯vb ci¯Y Kiæb|

K) †i‡di ci e¨ÄY e‡Yi ---------- nq bv|
L) mwÜ‡Z O¯v‡b ---------- nq|
M) Ams¯‹Z.k‡ã Y¯v‡b †Kej ---------- |
N) Ô†mvRvmyRÔ GKwU ---------- kã

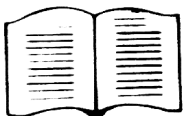
3| mZ¨ n‡j Ômb Ges wg_¨v n‡j ÔwgÔ wjLyb|

K) ÔwcQbÔ kãwU mvaÿ¨‡ci
L) ÔmieZÔ I ÔkieZÔ `yBwU evbvbB ï×
M) we‡`kx k‡ãi gj¨ D”PviY Abymv‡I,s¯v‡b k nq
N) Ôfv½bÔ I ÔfvOvÔ `yBwU evbvB ï×

4.4 evbvb fyj wb‡iv‡ai Dcvq

G cvV †k‡l Avcwb–

- evbvb fyj wb‡iv‡ai Dcvq¸‡jv Kx Zv ej‡Z cvi‡eb|
- cVb Kvjxb mZKZv evbv‡b Kx mvnvh¨ K‡i Zv ej‡Z cvi‡eb|
- D"Pvi‡Yi mv‡_ evbv‡bi KZUkzn¯úK Av‡Q Zv †`Lv‡Z cvi‡eb|
- †Kvb †Kvb †Kškj Aej¤b Ki‡j evbvb fyj Kg nq Zv D‡jL Ki‡Z cvi‡eb|



evsjv evbv‡b wKQyRwUjZv _vK‡j ï× evbvb e¨envi‡i Rb¨ h‡_ó wbqgI i‡q‡Q| G wbqg¸‡jv †R‡b Abykxjb Ki‡j evbvb fyji AvksKv K‡g hvq| e¨vKi‡Yi wbqg †g‡b Pj‡j I c‡qvRbxq mZKZv Aej¤b Ki‡j evbvb fyj Kg nq| evbvb fyj Kgv‡bvi Rb¨ c_g c‡qvRb cVb Kvjxb m‡PZbZv I mZKZv| G Qvov e¨vKi‡Yi wbqg ev mÎ¸‡jvI fvjfv‡e AvZ¥ Ki‡j evbvb fyji AvksKv A‡bKvs‡k K‡g hvq| wb‡¤ evbvb fyj wb‡iv‡ai Dcvq¸‡jv eYbv Kiv n‡jv|

cVb Kvjxb mZKZv

cVb Kv‡j evbvb †`‡L cvV Ki‡Z nq| †Kvb kã Kxfv‡e †jLv Av‡Q ev mvaviY evbv‡b †Kv‡bv fyj Av‡Q wK bv †m w`K `ywó †i‡L co‡Z nq| welq e¯cvV Ki‡j ¯vfweK fv‡eB k‡ãi evbv‡bi Ici `¶Zv G‡m hvq| ZvB cvV Kvjxb m‡PbZv wbfyj evbv‡bi wbZ¨ mnvqK|

D"Pvi‡Yi Ici wbfikxjZv

mwVK D"Pvi‡Yi mv‡_ mwVK evbv‡bi h‡_ó m¯úK i‡q‡Q| ZvB fyj evbvb wb‡ivaK‡í k‡ãi ï× D"Pvi‡Yi w`‡K j¶¨ ivL‡Z nq| wKš evsjv evbvb A‡bK †¶‡Î D"PviY Abywgx bq e‡j wKQywKQy†¶‡Î D"PviY AmsMZ evbv‡bi kã ¸‡jvi w`‡KI we‡kl `ywó w`‡Z nq| †hgb–wkKvi, kxZj, wm³, mxgv, ¯xKvi A_ev, wek, n¯, `k¨, fvl¨, wKsev, elv, Avkv I fimv| Avevi GKB aÿwb wewfb Ae¯v‡b wewfb fv‡e D"PwiZ n‡Z cv‡i| †hgb– be¨ k‡ã h-djvi D"PviY e, mf¨ k‡ã f, e¨w³ k‡ã Ges D‡`¨vM k‡ã h Ges mn¨ k‡ã R| Gme k‡ã D"Pvi‡Yi Kvi‡Y †hb evbvb fyj bv nq Zvi Rb¨ †Lqvj ivL‡Z n‡e| KL‡bv KL‡bv †Kv‡bv k‡ãi D"Pvi‡Yi wfbZvi Rb¨ †Kv‡bv eY †hb ev` c‡o bv hvq †m w`‡K j¶¨ ivL‡Z n‡e| †hgb– †R¨wZ D"PviY nq †RwZ i¦‡c, Ri D"PviY Kiv nq Ri i¦‡c| G `yÕ k‡ã h–djv I e–djv †hb ev` bv c‡o †mw`‡K j¶¨ ivL‡Z n‡e| Avevi D"Pvi‡Yi Kvi‡Y †Kv‡bv evowZ eY †hvM K‡i †hb evbvb Kiv bv nq †m w`‡KI j¶¨ ivLv `iKvi| †hgb– e¨q kãwU D"PwiZ nq e¨vq wn‡m‡e, GKBfv‡e Ôe¨_vÕ kãwUi mwVK evbvb n‡j I GwU D"PwiZ nq e¨v_v i¦‡c| G `yÕ k‡ã h–djvi ci AwZwi³ AvKvi †hvM Ki‡jB evbvb fyj n‡e|

fyj evbv‡bi ZwjKv ivLv

evbvb fyj wb‡iv‡ai mvaviY wbqg n‡"Q fyj evbv‡bi Zwjkv ivLv, mwVK evbvb Rvbvi Rb¨ Awfavb †`Lv I Ag‡bv‡hwMZv cwinvi Kiv|

†hme evbvb fyj nq †m¸‡jvi GKwU Zwjkv †i‡L wbqwgZ Abykxj‡bi gva¨‡g c‡qvR‡b ï×i¦‡ci evbvb ¸‡jv gy¯ K‡i wb‡j evbvb fyji m¤vebv K‡g hv‡e| gv‡S gv‡S wj‡L I ev‡K¨ c‡qvM K‡i G kã¸‡jv‡K Avq‡Ë Avbv hvq|

Awfavb †`Lv

†Kv‡bv evbvb wb‡q m‡›`n nIqvi mv‡_ mv‡_ Awfav‡bi m‡½ Zv wgwj‡h wb‡j ax‡i ax‡i evbv‡b `¶Zv Av‡m| ZvovZwo K‡i Awfavb †`L‡Z n‡j Awfavb e¨envi‡i mwVK wbqg¸‡jv Avq‡Ë

ivL‡Z n‡e| Avi evi evi AwfavB †`‡L evbvb wVK Ki‡Z Ki‡Z AwfavB e¨envi A‡bKUv Af¨v‡m cwiYZ n‡q hvq Ges evbvb fvjvi ceYZvI K‡g hvq|

†Kv‡bv †jLvi KvR †kl nIqvi ci mZKZvi mv‡_ cwZwU kã Avevi c‡o wb‡j eûjvs‡k evbvb fvjv cwinvi Kiv m¤e|

AmveabZv I Ag‡bv‡hvwMZv cwinvi Kiv

A‡bK †¶‡ÎB AmveavbZv I Ag‡bv‡hvwMZvi Kvi‡Y evbvb fvjv nq| †jLvi ci Zv evi evi c‡o fvlv ms‡kvab bv Ki‡j †jLvq fvlv †_‡K †h‡Z cv‡i| ZvovûovI K‡i †jLvi d‡j I evbvb fvlv n‡Z cv‡i| ZvB †h †Kv‡bv †jLvi KvR †kl nIqvi ci mZKZvi mv‡_ cwZwU kã Avevi c‡o wb‡j eûjvs‡k evbvb fvjv cwinvi Kiv m¤e|

kã‡K Qwei gZ †`Lvi †Póv Kiv

†`Lv †M‡Q, coqv †jv‡Kiv Kg-coqv †jv‡Ki †P‡q evbv‡b `¶| Gi KviY, kã †`L‡Z †`L‡Z k‡ãi evbvb Zv‡`i g‡bi g‡a¨ †Mvtu_ hvq| Z‡e GUvI wVK †h, A‡bK mgq Avgiv kã c‡o hvB wKš g‡bv‡hvM w`‡q evbvb †Lqvj Kwi bv| `óvš wn‡m‡e ejv hvq, QvÎ-QvÎxiv D"Qvm, mvšbv, †fŠ‡MwjK, gayy `b, gûZ BZ¨w` kã¸‡jv Zv‡`i wk¶vRxe‡b AmsL¨evi covi c‡i I wj‡L‡Z wM‡q evbvb fvjv K‡i| ZvB evbvb †kLvi Rb¨ `iKvi, k‡ãi evbvb Lyu‡q ‡`Lv| A‡b‡KB k‡ãi evbvb‡K Qwei g‡Zv `wóMvn¨ K‡i g‡b ivL‡Z cv‡ib| GiKg g‡b ivL‡Z cvi‡j evbvb fvjv Kg nq| ZvQvov, evbvb †kLvi mg‡q cwZwU nid, Kvi, djv, hy³e¨Äb BZ¨w` GKwU GKwU K‡i D"PviY Kiv DwPZ| Zv n‡j k‡ãi kyZMvn¨ ¯‹iYkw³ M‡o DV‡e|

wjLb Af¨vm M‡o †Zvjv

bZzb bZzb kã wk¶v †`qvi mgq k‡ãi g‡b g‡b D"PviY Ges ev‡i ev‡i evbvb †`Lv I †jLv evbvb fvjv Kwg‡q w`‡e|

KwVb k‡ãi evbvb †kLvi mg‡q Zv evivevi †jLv fv‡jv| hw` bxwZ evbvbwU Kv‡iv fvjv nq Z‡e Zv `k, wek ev wÎkevi wjL‡j Ges †mB m‡½ bxwZ kãwU mn‡hv‡M MwVZ Ab¨vb¨ kã †hgb, `byxwZ, bxwZevb, bxwZwbô, b¨vqbxwZ BZ¨w` I wjL‡j evbvbwU `yZ Avq‡Ë Avm‡e| †jLvi mg‡q g‡b g‡b ev D"PviY K‡i evbvb Kiv fv‡jv| cici evbvb †`Lv, g‡bv‡hv‡Mi m‡½ mZKfv‡e Zv †jLv, Ges GKB mv‡_ Zv D"PviY Kiv– G wZ‡bi ms‡hvM evbvb AvqË Kivi †¶‡Î †ek fv‡jv KvR †`q|

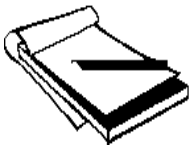
bZzb kã †kLv

QvÎ-QvÎx‡`i DwPZ, cvV¨ evB‡Z bZzb †Kv‡bv kã †`L‡jB Zv ï×fv‡e wk‡L †bIqv| †h–me k‡ãi evbvb RwUj g‡b n‡e Zv Aek¨B wPwýZ Kiv `iKvi| bZzb k‡ãi evbvb I A_ Avq‡Ë bv Avmv chš Zv †jLvq e¨envi Kiv DwPZ bq| KviY, †Kv‡bv k‡ãi fvjv evbvb †jLv ïi“ Ki‡j Zv Af¨v‡m cwiYZ n‡Z cv‡i|

g‡b ivLvi †KŠkj Aej¤b

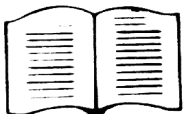
k‡ãi mwVK evbvb g‡b ivLvi Rb¨ wKQyKŠkj Aej¤b Kiv hvq| evbv‡bi wbqg¸‡jv Rvbv _vK‡j evbvb fvjv K‡g hv‡e|

RwUj evbvb‡K Ab¨ †Kv‡bv mnR evbv‡bi m‡½ m¯úwKZ Ki‡j A‡bK mgq evbvb g‡b ivLv mnR nq| †hgb– Òkïi Ak-wkïi gwjKÓ GB K_vUv g‡b ivL‡j kïi k‡ãi /k/I/ïi/ evbvb mn‡R g‡b ivLv hvq| Avevi Òkvïwo ï‡q kvj gyo w`‡qÓ- evK¨wU g‡b ivL‡j kvïwo evbvb fvjv nevi K_v bq| G ai‡bi †KŠkj evbvb †kLvq Lye Kv‡R jv‡M| evbv‡bi wbqg mva¨g‡Zv AvqË Kiv| AwaKvsk k‡ãi evbvb †Kv‡bv bv †Kv‡bv wbq‡gi g‡a¨ c‡o| evbv‡bi wbqg¸‡jv AvqË Kiv †M‡j ï× evbvb c‡qv‡M `¶Zv ARb Kiv m¤e| evbv‡bi wbqg¸‡jv Rvbvi Rb¨ evsjv e¨KiY eB cov Avek¨K| G BDwb‡Ui 4.3 cv‡V †KvjKvZv wekwe`¨vjq



KZK.cYxZ evbv‡bi wbqg¸‡jv AvqË Ki‡Z cvi‡j I evbvb fz‡ nIqvi m¤vebv A‡bKvs‡k K‡g hv‡e|

Abyxjb (Activity) t evbvb fy‡ wb‡iv‡ai Dcvq ¸‡jvi eYbv w`b|



mvigg t evbv‡bi wbqg Rvbv _vK‡j fy‡ Kg nq| cVb Kvjxb mZKZv evbvb fy‡ Kwg‡q Av‡b| fy‡ evbvb wb‡ivaK‡í k‡ãi ï× D"Pvi‡Yi w`‡K `yó w`‡Z n‡e| D"PviY †Kv‡bv †Kv‡bv mgq evbvb AbyviY K‡i bv ZvB G w`KUv j¶¨ ivL‡Z n‡e| †h me k‡ãi evbvb mPvivPi fz‡ nq Zvi GKUv ZvwjKv ivL‡j evbvb fy‡ ax‡i ax‡i K‡g Av‡m| †Kv‡bv evbv‡b m‡›`n n‡jB Awfavb †`‡L wb‡j, evbvb fy‡ K‡g Av‡m| evbvb fy‡ wb‡iv‡ai Ab¨Zg cavb cšv n‡jv AmveavbZv I Ag‡bv‡hvwMZv cwinvi Kiv| †h †Kv‡bv †jLv †kl Kivi ci ciB Zv evi evi c‡o wb‡j fy‡ evbvb¸‡jv ï× Kivi m‡yhvM cvIqv hvq| covi mgq Ggb fv‡e kã¸‡jvi w`‡K `yó w`‡Z nq †hb k‡ãi evbvb g‡bi g‡a¨ †Mt‡_ hvq| †jLvi Af¨vm M‡o Zz‡Z cvi‡j ¯vfvweK fv‡eB evbvb f‡yji cebZv K‡g Av‡m| RwUj evbvb ¸‡jv ¯§iY ivLvi Rb¨ wKQy†KŠkj Aej¤b Kiv hvq, †hgb– Ôkvïwo ï‡q kvj gyo w`‡qÕ evK¨wU g‡b ivL‡j kvïwo evbvb fy‡ nevi m¤vebv _v‡Kbv|

cv‡VvËi gyj¨vqb 4.4

1| mwVK DË‡ii cv‡k wUK wPý (√) w`b|

1.1| †KvbwU evbvb fyj Kgv‡Z mnvqK fygKv cvjb K‡i?
K) Awfavb †`Lv
L) †jLvi Af¨vm M‡o †Zvjv
M) cVb Kv‡j Amveavb Zv
N) fyj evbv‡bi Zwjv ivLv

1.2| †Kvb kãwU D”Pvi Y msMZ bq?
K) j¶¨
L) eËvš
M) `k¨
N) be¨

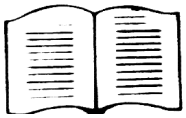
2| ïb¨vb ci‡Y Ki‡b|
K) evbvb fyj bv Kivi Rb¨ c‡qvRb ----------|
L) Ri k‡ãi D”Pvi Y Kiv nq ---------- i‡c|
M) ÔÔkïo Ak wkïi gwjKÕÕ G K_wU g‡b ivL‡j ---------- kãwUi evbvb g‡b ivLv hvq|
N) GKevi fyj evbv‡b †jLv ïi‡ Ki‡j c‡i Zv ---------- cwiYZ nq|

3| mZ¨ n‡j ÔmÕ wg_¨v n‡j ÔwgÕ wjLyb|
K) cvVKvjxb m‡PZbZv evbvb fyj Kgv‡Z mvnvh¨ K‡i|
L) be¨ I mf¨ k‡ãi h dj vi D”Pvi Y GKB iKg|
M) k‡ãi GKwaK evbvb _vK‡Z cv‡i|
N) mie cvV evbv‡bi mnvqK|
O) gayn `b evbvbwU cvqB fyj nq|

cvV 4.5 YZ weavb I IZ weavb|

G cvV †k‡I Avcwb–

- YZ weav‡bi msÁv w`‡Z cvi‡eb|
- b I Y e¨env‡ii wbqg¸‡jv wjL‡Z I ej‡Z cvi‡eb|
- IZ weav‡bi msÁv w`‡Z cvi‡eb|
- I I m -Gi mwVK e¨envi wb‡`k Ki‡Z cvi‡eb|
- I I m-Gi e¨env‡ii wbqg¸‡jv ej‡Z I wjL‡Z cvi‡eb|



evsjv fvlvq Y I b D"PviY GKB iKg| k, I, m-Gi †¶‡Î I †`Lv hvq G wZbwU e‡Yi D"PviY GKB iKg| Y I b Ges k, m I I eY¸‡jv evbv‡b bvbv mgm¨vi mwó K‡i| A_P b I Y Ges I I m †Kv_vq e¨envi Kiv hvq Zvi mÿúó weavb i‡q‡Q|

YZ weavb

†h weavb ev wbqg w`‡q Y-Gi e¨envi wbqwšZ nq Zv‡K YZ weavb ejv nq| wb‡¤ YZ weavb¸‡jv ms‡¶‡c Av‡jvPbv Kiv n‡jv–

1| F, i, I-Gi c‡i `š¨ b g aY¨ Y nq| †hgb– FY, Kò, eY, c Y|

2| GKB c‡` Aew¯Z F, i, I e‡Yi ci ¯ieY, K-eM, c-eM, h, e, n A_ev Abÿi _vK‡j Zvi c‡ii `š¨ b g ab¨ Y nq| h_v–Kc.Y, wbevY, keY, MnY|

3| U-e‡Mi c‡e `š¨ b g ab¨ Y nq| h_v– eÈb, jÿb, LÛ, fvÛ BZ¨vw`|

4| c, civ, cwi, wbi GB PviwU Dcm‡Mi bm, bk, bx, b , Ab, nb, cfwZ. avZiz `š¨ b g ab¨ Y nq| h_v– cgvY, cwiYvg, cYq, cwiYq, cYe, cvY BZ¨vw`|

5| evsjvq cPwjZ KwZcq ms¯‹Z.k‡ã memgq g ab¨ Y e¨enZ nq| †hgb–AYyKYv, evYx, †eYy†eYx, †KvY, Kj¨vY, MY, ¸Y, †MŠY, wP°Y, cY¨, cwwY, cY, KYv, dYx, ewYK, wecYx, wbcÿ, †kwwYZ, evY, gvgwY BZ¨vw`|

6| we‡`kx fvlv †_‡K AvMZ k‡ã g aŸb¨ Y e¨envi Kiv AbyPZ| h_v– †Kvivb, †Ub BZ¨vw` kã¸‡jv‡Z Y Gi cwee‡Z ÔbÕ e¨eüZ nIqv DwPZ|

7| KZ¸‡jv Z™e k‡ã ÔbÕ I ÔYÕ `yB e¨eüZ nq| †hgb– evYx evbx ciY I cib, Kvb I KvY BZ¨vw`| Z‡e Gme †¶‡Î, ÔYÕ Gi †P‡q ÔbÕ B †ewk e¨env‡ii ceYZv †`Lv hvq|

IZ weavb

†h weavb w`‡q m I I-Gi mwVK e¨envi wbqwšZ nq Zv‡K I-Z weavb ejv nq|

†h weavb w`‡q m I I-Gi mwVK e¨envi wbqwš Z nq Zv‡K I-Z weavb ejv nq|
evsjv fvlvq e¨eüZ ms¯‹Z.k‡ãi evbv‡b IZ-weav‡bi K‡qKwU aviv wb¤i¦c–

1| F-Kv‡ii ci g aY¨ I e¨eüZ nq| †hgb-FwI, e„I f, eÿó BZ¨vw`|

2| A, Av wfb ¯i Ges K I i -G KqwU e‡Yi c‡i cZ¨qvw`i `š¨ m g aY¨ I nq| †hgb– Kj¨vYx‡qIy(wKš ¯xwj‡½ Kj¨vYxqvmÿgy Iyfwel¨r, †Mv®ú`, evf2¶v BZ¨vw`|

3| mvr cZ¨‡q gaY¨ I nq bv | †hgb–ayjmvr, fÿgmvr, AwMmvr

¯‹z Af GwMKvjPvi GÛ i¤i¨vj wW‡fjc‡g›U

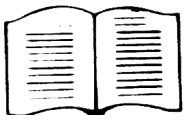
4| Dcm‡Mi B-Kv‡ii c‡i KZ¸wj avZ¥ `š¿ m gaY¨ I nq| †hgb–Awa+¯vb= Awaô vb, cwZ+w¯Z = cwZwôZ, Awf+†mK = Awf‡lK| Z‡e Gi e¨wZµg I Av‡Q| †hgb–Abyôv b, Abyi |

5| hw` `yB c‡`i g‡a¨ c_gwUi †k‡l B, D, F I _v‡K Ges wØZxqwUi Aww`‡Z `š¿ m _v‡K Ges G `ßiU mgv‡m wgwjZ nq, Zv n‡j wØZxq c‡`i Av`¨ `š¿ m g aY¨ I n‡q hvq| †hgb–hyaa+w¯i = hyaawôi, myi¯¿mô¿myiwmg,=myiyg, we+mg=welg BZ¨w` |

6| evsjv‡fvlvq e¨eüZ wKQymsL¨K ms¯‹Z.k‡ã memgq g aY¨ I †jLv nq| †hgb–Avlvp, Jla, †Kvl, KlY, alY, Z¥vi, cyi«l, cy¯ú, cZ¥l; c‡`vl, cvlvY, †cŠl, f‡Y, fvlv, fxlY, †gl, gwnl, gyjK, †ivl, we‡kl, we‡klY, wel, †kl, †kvlY, †lvok BZ¨w` |

7| wKQ wKQywe‡`kx k‡ã ms¯‹‡Zi Abyki‡Y ôlô e¨eüZ nq| †hgb– †ókb, ógvi, ój BZ¨w` | wKš Gme †¶‡Î ômô nIqv evÃbxq|

Abykxjb(Activity)t evsjv evbv‡b YZ weavb I lZ weav‡bi D`vniY w`b|



mvigg t †h weavb w`‡q b I Y Gi e¨envi wbqšY Kiv nq Zv‡K YZ weavb Ges †h wbq‡g m I l - Gi e¨envi wbqšY Kiv nq Zv‡K lZ weavb ejv nq| evsjv fvlvq Y-Gi †Kv‡bv we‡kl D"PviY †bB– Zey gj¨ ms¯‹Z.k‡ãi evbv‡bi Abyki‡Y evsjv k‡ã A‡bK mgq ôYô †jLv nq| Z‡e Lwu evsjv I we‡`kx k‡ã ôbô †jLvB mwgPxb| k, l I m-Gi †ejvqI †`Lv hvq G mKj e‡Yi D"PviY ôkô w`‡qB Kiv nq| ms¯‹Z.evbv‡b ôkô ôlô I ômô-Gi Avjv`v ghv`v Av‡Q| Gi Abyki‡Y evsjvq A‡bK mgq ôlô e¨eüZ nq| wKš Lwu evsjv kã I we‡`kx k‡ã ôlô bv wj‡L D"PviY Abyv‡i ômô ev ôkô †jLv DwPZ|

cv‡VvËi gj¨vqY 4.5

1| mwVK DË‡ii cv‡k wUK wPý (√) w`b|

1.1| K) F, i, l, Gi c‡e b _vK‡j Y nq|
L) F, i l-Gi ci Y _vK‡j Y nq|
M) F, i, l Gi ci Y _vK‡j b nq|
N) F, i, l Gi c‡e b _vK‡j b nq|

2.2| K) FKv‡ii ci k e¨envi Kiv nq|
L) FKv‡ii ci l e¨envi nq|
M) FKv‡ii ci m e¨envi nq|
N) FKv‡ii ci D"PviY Abyvv‡i k, l, I m e¨envi nq|

2| ïb¨¯vb ci-Y Kiæb|

K) U e‡Mi c‡e ---------- nq|
L) KZ¸‡jv Z™e k‡ã ÔbÕ I ÔYÕ ---------- e¨eüZ nq|

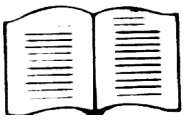
3| mZ¨ n‡j ÔmÕ Ges wg_¨v n‡j ÔwgÕ wjLy|

K) Aby‡ii ci Y nq|
L) KZ¸‡jv ms¯‹Z.k‡ã †Kej Y nq|
M) mvr cZ¨‡q me`vB `š¨ m nq|
N) we‡`kx kã¸‡jv‡Z ÔlÕ e¨envi Kiv evÃbxq|

cvV 4.6 ï× evbvb Abykxjb

G cvV †k‡l Avcwb–

- evbv‡bi Abykxjb Ki‡Z cvi‡eb|
- cwiwPZ k‡ãi evbvb †Kv_vq fyj nq Zv wPwýZ Ki‡Z cvi‡eb|



evbvb weåvU †_‡K gy³ n‡Z n‡j Abykxj‡bi weKí †bB| e¨vKiY m¤§Z wbqg Rvbv _vK‡j evbvb fyj cwinvi Kiv m¤e, Z‡e Ggb wKQyRwUj evbvb i‡q‡Q †h ¸‡jv ï× fv‡e wjL‡Z †M‡j evbvb gy¯ ivL‡Z n‡e| evi evi gy¯ Ki‡j evbvb fz Kg n‡e| wb‡¤ 210 wU k‡ãi GKwU Zvwjkv †`qv n‡jv| G¸‡jv wj‡L I c‡qvR‡b gy¯ K‡i evbvb Abykxjb Kiæb|

AK¯§vr	J×Z¨	`qv`	e¶¨gvY
AMvkq	KjwKZ	`yjvKv ¶¨	e‡›`vcva¨vq
AMÿZcvZ	KZZ	`ytLx	eÜ¨v
AwPš	Kj¼x	†`Šiv	e‡qv‡R¨ô
AwaKvwibx	Kvw ¶Z	Ø›Ø	eg
Ab¸	K„Q	wØZxq	ewnwiw›`q
Awb›`¨	KwËevm	wØav	evZ¨vweaŸ¯
AcKvwiZv	°wPr	†ØI	evaK¨
Aciwabx	µz	ˆØZ	evj¼xwK
AcvO‡³q	K¨vcmyj	Ø¨_	weØ¾b
Awfgvbx	Mvn¯¨	aŸsm	wefxwlKv
AgvZ¨	Mx®§	aŸRv	wefzZf,lY
Aj N¨	Ny¨gvb	ˆbFZ	‰ewPÎ¨
AkÌ	P,Y	b¨¯	e¨envi
AštmË	Ri	b¨R	e¨q
Aš`wó	RjRj	b¨b	ˆe`»¨
A‡š¨wówµqv	Rjv	wb°Y	ˆewkó¨
Aštmvi	ˆR¨ô	wbØÜ	e¨³
AvKvs¶v	†R¨vrv	wbwØav	e¨w³
Av`	†R¨vwZ	cK	e¨w³¯vZš¨
AvaybKv	†R¨vwZlx	c¶	e¨M
D‡"P¯‡i	†R¨vwZ®x	c¶x	e¨½
D"Qvm	UxKvwUàbx	cOwZ	e¨e‡"Q`
D¾j	Zr¶bvr	civ gy¯	e¨eavb
DË¨³	ZvwËK	cwimveY	e¨emv
Drmvnx	Zx¶	cvk	e¨e¯v
Dw™¾	Zzx¤ve	cwZØw›ØZv	e¨vqx
DcKvwiZv	ZK	cwZØ›Øx	e¨_
Dchy³	ZiY	cmvix	e¨wZ‡i‡K
Dc‡hvMx	ZivwšZ	cmvwiZ	e¨wZe¨¯

Dcjwä
E‡aŸ
GZØvivv
GZØ¨ZxZ

J¾j¨
eÿn
evþY
fz¿
fe¸b
f‡Mvj
†fŠ‡MvwjK
åvZZ

gaÿ¥ `b
gb¯Ë
gZ¨
gnË
kwkKjv
gvnv¨

gŷ¥gŷ¥
gŷ¥Z
gÿ³
gwZ
gZ¨z

ZwiZ
ZË
ZËeavb
ZØ¨ZxZ

Z¨³
h²v
h_v_¨
hk¯x
hvPTv
iwk¥
†iŠ`
j¶Y
j¶x

j¶¨
km¨
kkx
kvkZ
Wki‡"Q`

wkl¨
kk¸
†k¨b
†k®§v
wkíx

cZ¨zl
cvZtKZ¨.
cvZågY
†cv¾j

†cŠ‡iwnZ¨
kvc`
k¥kvb
ˆkwíK
k¥k¸
k×v®ú‡`l¸
kgZx
lvY¥vwmK
mgỳ

¯vwqZ
mgn
¯§iY
mËv
mË

m‡Ël
mnagx
mÜ¨v
mb¨vm
mb¨vmx

e¨Z¨q
e¨_v
e¨w_Z

e¨¯
eÿrcwË
mvwËK
msmvix
mvsmvwiK
wm›`ÿ
m·²
†mŠnv`¨
¯Z
¯i¯Zx

¯Ztù¿Z
¯vqËkvmb
¯v¯¨
N¯x

N¯x`š
nxb¤§b¨Zv
¶ä

cv‡VvËi gj¨vqY 4.6

1| ï× k‡ãi cv‡k wUK wPý (√) w`b|

K) AbUb
L) Ašgvb
M) BwZc‡e
N) Avkxl
O) Aviw³g
P) cvwYwe`¨v
Q) AvaybKv
R) bxie
S) gwngvgq
T) gy¨Qwe
U) ga¨ivwÎ
V) wen½x
W) ˆcwÎK
X) mZv
Y) ¯vZš¨

Pǫvš gɟ¨vqb – BDwbU 4

msw¶ß I iPbvgɟK ck|

1| ï× evbv‡bi ¸iæZ Av‡jvPbv Kiæb|
2| evbvb f‡zji KviY¸‡jv wPwýZ Kiæb|
3| m‡gv"PwwiZ wfb evbv‡bi cvPwU k‡ãi D`vniY w`b|
4| evsjv evbv‡b Ôhy³eY A‡bK †¶‡Î mgm¨vi mwó.K‡iÕ e¨vL¨v Kiæb|
5| e‡Yi e¨envi Av‡Q wKš aŸwbi e¨envi †bB G ai‡bi cvPwU kã wjLy|
6| fɟ D"Pvi‡Yi Rb¨ evbvb fv¡ n‡Z cv‡i GiKg wZbwU kã wjLy|
7| evbvb I D"PviY Awfb n‡j I A_ wfb nq| GiKg `ÔyRvov k‡ãi D`vniY w`b|
8| evbvb I A_ wfb GiKg 3 †Rvov k‡ãi D`vniY w`b|
9| hy³v¶i Kxfv‡e evbv‡b e¨vNvZ NUv‡Z cv‡i?
10| cwZKɟ cwi‡e‡k wk¶v evbv‡b Kxfv‡e cfve †dj‡Z cv‡i?
11| eûj cPwjZ wKš cvqB evbv‡b fv¡ nq Ggb `kwU k‡ãi D`vniY w`b|
12| †KvjKvZv wekwe`¨vjq KZK.evsjv evbv‡bi †gvU KqwU wbqg cewZZ n‡q‡Q ?
13| Zrmg k‡ãi evbv‡bi `ÔyU wbqg D`vniY mn wjLy|
14| †i‡di ci e¨ÄY e‡Yi wØZ n‡e wK n‡ebv Zv D`vniY mn D‡jL Kiæb|
15| nm wP‡ýi e¨envi m¯ú‡K †KvjKvZv wekwe`¨vj‡qi e³e¨ Kx?
16| evbvb fv¡ wb‡iv‡ai Dcvq¸‡jv ms‡¶‡c wjLy|
17| ÔAmveavbZv evbvb f‡zji Ab¨Zg KviYÕ - e¨vL¨v Kiæb|
18| evbvb g‡b ivLvi †KŠkj m¯ú‡K Av‡jvPbv Kiæb|

DËigvjv – BDwbU 4

cvV 4.1

1.1	L	1.2	K
2K	AveewÆ	2L	AbyiY
2M	w`b I `xb/ exYv I webv BZ¨vw`	2N	hy³v¶i
3K	wg	3L	wg
3M	m	3N	m

cvV 4.2

cvV¨ cy¯‡Ki ï× evbv‡bi ZvwjKv †`Lby|

cvV 4.3

1.1	M	1.2	L				
2K	wØZ	2L	s	2M	b	2N	wØeveÆ
3K	m	3L	m	3M	wg	3N	m

cvV 4.4

1.1	K	1.2	M				
2K	mZKZv/m‡PZbZv	2L	Ri	2M	kïi	2N	Af¨v‡m
3K	m	3L	wg	3M	m	3N	wg
3O	m						

cvV 4.5

1.1	M	1.2	L				
2K	Y	2L	`ÔyB				
3K	m	3L	m	3M	wg	3N	m

cvV 4.6

√K, √N, √P, √R, √S, √T, √V, √X, √Y,

¯¿ Af GwMKvjPvi GÛ i¤i¨vj wW‡fjc‡g›U